CONVERSATION STARTERS

Growing up

- Tell me about the house you grew up in.
- What was your street like?
- What did you do after school?
- Who was your best friend as a kid?
- What chores did you have growing up?
- What was a treat when you were young?
- Tell me about a teacher you liked.
- What games did you play outside?

CONVERSATION STARTERS

Work and skills

- What was your first job?
- Tell me about a job you were proud of.
- What tools did you use at work?
- Who taught you to drive?
- What's something you know how to fix or make?
- What did a normal workday look like?
- Tell me about a boss or coworker you liked.
- What advice would you give someone starting out?

CONVERSATION STARTERS

Food and kitchens

- What was the best meal of your childhood?
- Who was the best cook in your family?
- What did you eat on holidays?
- Tell me about a recipe you're known for.
- Sweet or salty?
- What did your kitchen smell like?
- What's the best pie?
- What was on the table on a Sunday?

CONVERSATION STARTERS

Music and fun

- What music did you love as a teenager?
- Did you ever go dancing? Where?
- What was on the radio at your house?
- Tell me about a concert, dance or show you went to.
- What's a song that makes you happy?
- Did you play an instrument?
- What did you do on a Saturday night?
- Who's the funniest person you've known?

Ask, don't test: "Tell me about..." works better than "Do you remember..." partygamebook.com/dementia-activities/

CONVERSATION STARTERS

Places and travel

- What's the most beautiful place you've seen?
- Tell me about a trip you took.
- Beach or mountains?
- What was your favorite vacation?
- Where would you go tomorrow if you could?
- Tell me about a car you had.
- What did your town look like back then?
- Did you ever live somewhere else?

CONVERSATION STARTERS

Seasons and weather

- Summer or winter?
- Tell me about a big snow you remember.
- What did you do on rainy days?
- What's the first sign of spring?
- What did fall look like where you grew up?
- What's the best thing about summer?
- Did you ever go sledding or swimming in a lake?
- What's your favorite kind of weather?

CONVERSATION STARTERS

Animals and nature

- Did you have a pet growing up?
- Dogs or cats?
- Tell me about a garden you had.
- What's your favorite flower?
- What birds did you see where you lived?
- Did you ever live on or visit a farm?
- What's the best animal?
- Where's a good place to sit outside?

CONVERSATION STARTERS

This or that (easy answers)

- Coffee or tea?
- Morning or evening?
- Pie or cake?
- Ocean or lake?
- Red or blue?
- Radio or TV?
- Dogs or cats?
- City or country?

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