

Indoor recess: grades K-2

Pick a game, check you have what it needs, and play. Full rules: partygamebook.com/recess-games/

☐ **Freeze Dance**

3-10 min · moderate energy · Needs: music

☐ **Four Corners**

5-15 min · calm energy · Needs: four signs numbered 1 to 4

☐ **Hot and Cold**

5-15 min · calm energy · Needs: a small object, such as an eraser

☐ **Leader Says (No-Out Version)**

3-10 min · calm energy · No equipment

☐ **Hot Potato Pass**

5-10 min · calm energy · Needs: a beanbag or soft ball, music or a timer

☐ **Balloon Keep-Up**

3-10 min · moderate energy · Needs: latex-free balloons (one per group of four to six)

☐ **Cooperative Musical Hoops**

5-15 min · moderate energy · Needs: plastic hoops or carpet squares, music

☐ **Charades**

10-20 min · moderate energy · Needs: slips of paper with words or phrases, a timer

☐ **Snowman Word Guess**

5-15 min · calm energy · Needs: a whiteboard and marker

☐ **Alphabet Stretches**

2-5 min · calm energy · No equipment

☐ **Brain Break Dice**

1-5 min · moderate energy · Needs: two printable dice (see the printable below), or two regular dice and a chart

☐ **Count and Move**

1-3 min · moderate energy · No equipment

OUR CLASS FAVORITES

OUR INDOOR RECESS RULES

Indoor recess: grades 3-5

Pick a game, check you have what it needs, and play. Full rules: partygamebook.com/recess-games/

☐ **Thumbs Up, Seven Up**

10-20 min · calm energy · Needs: desks

☐ **Silent Ball**

5-20 min · calm energy · Needs: a soft foam ball or a beanbag

☐ **Four Corners**

5-15 min · calm energy · Needs: four signs numbered 1 to 4

☐ **Charades**

10-20 min · moderate energy · Needs: slips of paper with words or phrases, a timer

☐ **Draw and Guess**

10-20 min · calm energy · Needs: a whiteboard and markers, slips with words, a timer

☐ **Dots and Boxes**

5-15 min · calm energy · Needs: paper and pencils, or a printed dot grid

☐ **I Have, Who Has**

5-15 min · calm energy · Needs: one card per student, each with an answer and a question

☐ **Twenty Questions**

5-15 min · calm energy · No equipment

☐ **Group Juggle**

5-15 min · calm energy · Needs: three to five soft balls or beanbags

☐ **Balloon Keep-Up**

3-10 min · moderate energy · Needs: latex-free balloons (one per group of four to six)

☐ **Beach Ball Questions**

5-15 min · calm energy · Needs: a beach ball with questions written on each stripe in permanent marker

☐ **Rock-Paper-Scissors Cheer Chain**

2-5 min · moderate energy · No equipment

☐ **Snowman Word Guess**

5-15 min · calm energy · Needs: a whiteboard and marker

OUR CLASS FAVORITES

OUR INDOOR RECESS RULES

Indoor recess: grades 6-8

Pick a game, check you have what it needs, and play. Full rules: partygamebook.com/recess-games/

☐ **Silent Ball**

5-20 min · calm energy · Needs: a soft foam ball or a beanbag

☐ **Charades**

10-20 min · moderate energy · Needs: slips of paper with words or phrases, a timer

☐ **Draw and Guess**

10-20 min · calm energy · Needs: a whiteboard and markers, slips with words, a timer

☐ **Dots and Boxes**

5-15 min · calm energy · Needs: paper and pencils, or a printed dot grid

☐ **Twenty Questions**

5-15 min · calm energy · No equipment

☐ **I Have, Who Has**

5-15 min · calm energy · Needs: one card per student, each with an answer and a question

☐ **Group Juggle**

5-15 min · calm energy · Needs: three to five soft balls or beanbags

☐ **Human Knot**

5-15 min · calm energy · No equipment

☐ **Rock-Paper-Scissors Cheer Chain**

2-5 min · moderate energy · No equipment

☐ **Would You Rather Move**

2-5 min · moderate energy · No equipment

☐ **Marbles (Ring Game)**

10-20 min · calm energy · Needs: about 10 marbles per player, one larger shooter marble per player, chalk, or

☐ **Beach Ball Questions**

5-15 min · calm energy · Needs: a beach ball with questions written on each stripe in permanent marker

☐ **Mirror Moves**

1-3 min · calm energy · No equipment

OUR CLASS FAVORITES

OUR INDOOR RECESS RULES
